

A Weekly Update For The Employees of North Central Health Care



# **NEWS YOU CAN USE**

#### WEEKLY CONNECTION WITH OUR TEAM



Jarret Nickel Operations Executive

#### Trending Positive!

This week Mount View Care Center had its annual survey. This survey began on Monday and concluded on Thursday with six surveyors on-site. I am pleased to announce that Mount View Care Center was awarded the highest survey outcome a deficiency free survey! This is unprecedented for a facility of our size, and I want to thank each employee for their impact to this survey as well as the care we provide each day.

Next week will mark the opening of our new Adult Behavioral Health Hospital, the team is set to move on Tuesday, May 17th.

The new unit features 16 private rooms and bathrooms along with larger shared spaces and consultation rooms. This part of the project was a major reason why NCHC received the support of the public to proceed with our master facility plan. After the new unit opens the second phase of construction will start on what was the old unit which will be our new Crisis Center and other Behavioral Health Services support.

As you can see from above North Central Health Care is trending in a positive direction and it is a great time to be a part of our team!

> **ADMINISTRATOR ON-CALL** x4488 or 715.848.4488

Friday, May 16 - Monday, May 26

Tom Boutain



Nurses Week Recap ...... Socks for Schools..... Health Tip of the Month ... On the Move..... Housekeeping Updates.... **May Learning Modules...** Food Forecasts ..... Z-COVID Report.....



**Dawn Kayhart** Why: "Coming around the corner at 90 mph to save resident from falling"

Submitted By: J. Smith













PHOTO OF THE WEEK: NCHC'S BOOTH AT THE THURSDAY BUSINESS EXPO









## **COLLECTING NEW SOCKS**

of all shapes and sizes!

## **NCHC COLLECTION SITES**

#### **WAUSAU CAMPUS**

Mount View Care Center Lobby Staff Caffeteria Outpatient Lobby (Door 13)

#### **MERRILL**

Pine Crest Staff Entrance Merrill Center Lobby

#### **ANTIGO**

**Antigo Center Lobby** 

Socks, especially for kids, are an often overlooked item when it comes to clothing drives and collections. Schools all over Marathon, Lincoln & Langlade Counties have reported socks to be an ongoing request for students, especially when going back to school in the fall. Thats why NCHC has partnered with the United Way to host a socks drive for schools. Consider donating new socks of all shapes and sizes to help the youth in our communities.

## FOR MORE INFORMATION VISIT

UnitedWayMC.org/socks-for-schools-clothing-drive







# ManageWell\*

## **HEALTH TIP OF THE WEEK**

#### **GROCERY STORE SECRET: SHOP THE PERIMETER**

Picture your favorite grocery store. Chances are that the outer aisles are where you'll find fresh produce, low-fat dairy products and lean meats. This is where you should concentrate most of your shopping time. Why? Fresh foods are generally healthier than are ready-to-eat foods.



#### **Employee Health & Wellness Center**

1100 Lake View Drive, Wausau, WI, North Central Health Care Campus, Door 25

Schedule an Appointment: 715.843.1256 or MyAspirus.org M, W, F 8AM - 4:30 PM | TUES 6:30 AM - 3PM | THURS: 9:30 AM - 6PM



# INTERESTED IN JOINING THE NCHC UNITED WAY COMMITTEE?



The United Way Committee consists of representatives from across NCHC working collaboratively to educate staff on the role of United Way in our communities. The United Way Committee serves as a fundraising group to support and maintain United Way initiatives and foster relationships and support for partner programs and services offered by the United Way that may assist in aiding our clientele, fellow staff and community members.

#### IF YOU'D LIKE ADDITIONAL INFORMATION. OR WOULD LIKE TO JOIN THE NCHC UNITED WAY COMMITTEE CONTACT ALEX AT aeichten@norcen.org









## **HELPING ORGANIZE** THE NCHC ALZHEIMER'S **WALK TEAM?**

Are you interested in joining the NCHC ALZ Team to help organize efforts for the 2022 Walk to End Alzheimer's? Employees from all 3 counties will work together to support our NCHC ALZ Team efforts. This is just a form to express your interest. You will receive information about our team efforts, meetings, maybe help plan some fundraisers or activities. This is not a sign up for formal committee. You can participate in the Walk this September, without being a member of the planning team (but hey, this is a lot of fun, so sign up!)

Typically a group of employees lead the volunteer efforts at NCHC to support the local ALZ Walk to End Alzheimer's. If you are interested, want more information, or want to be a group leader, fill out the form at the link below and we will be in contact with you!

Thanks for your interest and for helping to End Alzheimer's!

#### Join the Planning NCHC Team!

https://forms.gle/DJfGMZ1hS9Tp593X7



Join the NCHC Purple Passion Walk Team Online!

http://act.alz.org/goto/NCHCPurplePassion





#### Mark your calendar!



Join NCHC at a Fundraiser to Support



Opening the Door to Hope, Recovery & Opportunity for People with Mental Illness

Where: Milwaukee Burger, 2200 Stewart Ave., Wausau When: Monday, May 16, 4 - 9pm

10% of All Sales **Donated to Community Corner Clubhouse** 

ME BURGER 22





Using artwork to heal our community and connect one another. Viewers will be inspired through visuals, music, uplifting interaction, and presentations. Topics Include: Stress, Addiction, Poverty, Suicide, Abuse

#### Thrive Church, 400 Grand Ave, Wausau WI.

themovingexperiencewausau@gmail.com







## **TALK WITH AN ADVISOR ABOUT THE WDC PROGRAM!**



#### JOIN THE CONVERSATION!

Meeting with your Wisconsin Deferred Compensation Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found online.

#### INDIVIDUAL RETIREMENT SESSIONS

with Shawn Bresnahan

Tuesday, May 17th | Wausau, Badger Room | 10am-2pm Thursday, June 2nd | Wausau, Badger Room | 10am-2pm Thursday, July 7th | Antigo, Conference Room | 9am-11am Thursday, July 7th | Wausau, Badger Room | 1-4pm \*Thursday, Aug. 4th | Pine Crest, Admin Conf. Rm | 9-11am \*Thursday, Aug. 4th | Wausau, Conference Room | 1-4pm Thursday, Sept. 1st | Wausau, Badger Room | 10am-2pm \*Thursday, Oct. 6th Antigo | Conference Room | 9am-11am \*Thursday, Oct. 6th Wausau | Badger Room | 1-4pm \*Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am \*Thursday, Nov. 3rd Pine Crest | Admin Conf. Rm | 1-2:30pm \*Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm

#### **BRING TO YOUR ONE-ON-ONE MEETING:**

\*registration available 90 days before session date

- √ WRS statement
- √ Social Security statement
- √ Other retirement account info
- √ Current paycheck stub (if applicable)
- √ WDC login information (if known)

#### **REGISTER AT:**

https://nc\_wisconsin.timetap.com/#/





#### ON THE MOVE!

Recent employee transfers and promotions.



AUDRA BOHMAN

Audra recently moved from Lincoln County ADS to Marathon County ADS as a Case Worker. Congrats on the move Audra!



**KELSEY QUARTON** 

Kelsey was recently promoted from as Social Worker to the Manager of Youth Crisis Stabilization! Congrats Kelsey!



**CHEYANN SCHAIRER** 

Cheyanne was recently promoted from a Pharmacy Tech to a Pharmacy Buyer Specialist. Way to go Cheyann!



EMMA KOSTECKI

Emma was recently promoted from a Hospitality Assistant at Mount View to a CNA. Great job Emma!



ETHAN LANDWEHR

Ethan was recently promoted from a Hospitality Assistant at Mount View to a CNA. Congrats Ethan!



**MELISSA LABECKI** 

Melissa recently transitioned from a Residential Care Assistant to a Prevocational Services Program Aide. Congrats on the move Melissa!



**NICOLE SITCO** 

Nicole recently transitioned from a Residential Care Assistant to a Prevocational Services Program Aide. Congrats on the move Nicole!



**DINA SCHUBRING** 

Dina recently transfer from a Dietary Aide to a Community Treatment Tech. Good luck in your new position Dina!







## For All Employees!

### North Central Health Care

Well-Being Program 2022

## Earn Incentives on Your Well-Being!!

Employees can earn a \$100 gift card by earning 100 points!

Follow these easy steps on your personal online wellness portal to begin earning cash!

## Step 1

Log into your personal wellness portal. If you have already created an account in 2021, you will not need to register again. For those that have not registered in the wellness portal, please follow the steps shown on page 2.

## Step 2

Earn 100 points by November 30th, 2022, by completing a variety of the activities shown on page 2.

#### HOW TO REGISTER FOR THE ASPIRUS WELLNESS PORTAL

Aspirus Business Health-Wellness is excited to partner with North Central Health Care to provide you with access to a wellness resource, www.managewell.com. This website features valuable health programs and tools as well as a central location for storing and tracking your wellness efforts.

To participate in the wellness program, go to the website www.managewell.com or download the Managewell 2.0 App and follow the instructions below to register:

- 1. Click "Sign up".
- 2. Enter your "Unique ID." This Unique ID is the first few letters of your company, "NCHC", followed by your employee ID number. An Example is: NCHC123456.
- 3. Enter your date of birth and select "Continue".
- 4. Confirm your name.
- 5. Read through and accept "Terms".
- 6. Enter a unique and valid email address and password. Remember these for the next time you log in to the website.
- 7. Select "Continue" and it will take you to your Home/Dashboard page.

Contact Aspirus Business Health-Wellness if you have any questions or need help. 844.309.1269 | wellness@aspirus.org







## UPCOMING CHANGES TO HOUSEKEEPING AT NCHC

North Central Health Care is changing Housekeeping practices to ensure financial stability, while not impacting the office environment for our staff. Employees will now have the ability to access cleaning supplies and resources on-demand through strategically located closets and receptacles. These changes will be made to NCHC Housekeeping services provided to employee offices and will take effect in two phases on the Wausau Campus.

The first phase will being on Monday, May 23, and will include ALL offices South of the former Cafeteria area, or Outpatient, Community Treatment. Administration, HR, IMS, Patient Accounts and all other offices in those areas. On Monday, June 6, the changes will take effect in Mount View Care Center, Aquatic Therapy Center, Youth Hospital, Youth & Youth Crisis Stabilization, Adult Day Services and Adult Protective Services office areas.

#### WHAT WILL CHANGE?

Staff will be responsible for general cleaning and upkeep of their own offices and desks.

- Dusting
- Wiping
- Removing trash/recyclables
- Vacuuming

Staff will be responsible for taking out office garbage and recycle bins to common Housekeeping closets where large bins will be placed. \*\*DO NOT take your trash to restroom or lobby trash receptacles.\*\*

General trash and recycle bins will be placed in closets and copy rooms for staff to empty their waste baskets.

Closet locations in the area South of Old Cafeteria:

- Copy Room 1446 (in Outpatient Services)
- Outpatient Services Housekeeping Closet Room 1012 (near Reception Desk)
- Housekeeping Administration Room 1236 (Near Badger Room/Cashier's Office)
- Closets will be labeled with signage on doors for easy identification.

Housekeeping will stock and supply cleaning materials for staff to use in the closets and copy rooms listed above.

- Disinfectant, wipes, trash bags, vacuums, etc.
- Cleaning instructions will be located with product storage

Please return the cleaning supplies and vacuum to the closets or copy rooms when finished using them.

#### WHAT WILL NOT CHANGE?

Lobbies, waiting rooms, hand sanitizer stations, bathrooms and hallways will continue to be maintain by Housekeeping staff.

Nursing home resident living areas that are not offices, will continue to be maintained by Housekeeping.

#### BUT WHAT IF I HAVE A DIRTY CARPET, SPILL OR IMMEDIATE NEED?

If general carpet cleaning is needed, you staff can email Jackie Aschebrock JAschebrock@norcen.org and Mathew Beyer MBeyer@norcen.org with your room number and what the spill consists off for cleaning purposes. Your request will be taken care of in 24 hours, in most cases.

For any major clean up or soiled areas, or if you need immediate attention due to spill or another reason, please call the Housekeeping Cell on Wausau Campus at 715.581.0832.

#### IF YOU HAVE QUESTIONS, DO NOT HESITATE TO CONTACT HOUSEKEEPING.

Mat Beyer MBeyer@norcen.org 715.848.4349

Jackie Aschebrock, Housekeeping Team Leader JAschebrock@norcen.org 715.848.4379

During business hours, you may also call the Housekeeping Cell at 715.581.0832. Upcoming Changes to Housekeeping at NCHC







#### Here's how it works...

#### Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@norcen.org

Complete Referral Form in Human Resources

#### Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

#### Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

After 90 days | Employees below .5FTE status

After 90 days | Employees .5FTE status or above



We value your referrals and know that together we can strengthen our North Central Health Care team. Thats why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

REFER A FRIEND TO AN OPEN INTERVIEW FOR A CHANCE TO EARN SOME REFERRAL CASH!

Visit Our Website at norcen.org/Careers for the latest Job Opportunities!

**SHARE NCHC JOB POSTINGS** ON SOCIAL MEDIA!



## **Residential Services Open Interview Series**





**RESIDENTIAL CARE** ASSISTANTS (RCA's)

- ✓ \$14-16 STARTING
- ✓ FULL BENEFITS
- ✓ PART/FULL TIME
- ✓ AM/PM SHIFTS

#### OPEN INTERVIEWS

Interested in joining our team or learning more? Swing by any of the open interview sessions listed below for an on-the-spot interview and tour. **Lunch Provided!** 



TUESDAY, MAY 17, 10AM - 3PM 2400 Marshall Street, Suite B

WEDNESDAY, MAY 18, 10AM - 3PM 2400 Marshall Street, Suite B.

TUESDAY, JUNE 21, 10AM - 3PM

1408 Bissell Street 9205 Andrea Street 5006 Chadwick Avenue 5010 Heather Street

WEDNESDAY, JUNE 22, 10AM - 3PM

2400 Marshall Street, Suite B

#### WHAT IS A COMMUNITY BASED **RESIDENTIAL FACILITY (CBRF)?**

North Central Health Care operates several Community Based Residential Facilities, which are congregate living settings serving developmentally disabled individuals who are ambulatory, semi-ambulatory or non-ambulatory, but may not be capable of exiting the property without assistance., licensed by the State of Wisconsin. Our CBRF locations include:



**BISSELL STREET** 1408 Bissell St, Wausau



**CHADWICK STREET** 5006 Chadwick Ave, Schofield



ANDREA STREET 9205 Andrea St, Weston



HEATHER STREET 5010 Heather St, Schofield

REGISTER ONLINE AT NORCEN.ORG/OPEN-INTERVIEWS

## **Open Interviews for ALL OPEN POSITIONS**

### **WAUSAU MAIN CAMPUS**

2400 Marshall Street, Suite B

WEDNESDAY, MAY 18, 10AM - 3PM WEDNESDAY, JUNE 22, 10AM - 3PM





# May 2022 **Organizational Learning Modules**



Each month staff are assigned 30-60 minutes of organizational training that needs to be completed by the due date.

Log into the learning management system (LMS), UKG Pro Learning, to complete the following training modules:

- **General Work Expectations and Employee Compensation** Policy/Procedure Acknowledgement 2022 (15 minutes)
- Work on any outstanding assignments



EVENT

# 2022 Northern Substance Abuse Conference

Northcentral Technical College, E101 - Main Entrance · 1000 W Campus Dr, Wausau, WI 54401

#### TRAUMA RESPONSIVE CARE IN **DAILY PRACTICE FOR SUD**

#### **Learning Objectives:**

- · Participants will understand the vulnerability created by trauma and SUD.
- Participants will understand the limitations of traditional talk therapy.
- Participants will understand how addiction and trauma affect the brain.
- Participants will develop strategies to help clients recognize dysregulation of the brain/body connection and how dysregulation increases risk of relapse.
- Participants will experience simple activities to be used when working with trauma and SUD clients to promote healing.

## **Register Now!**

https://bit.ly/NSAC22

**Registration Fee \$100** Lunch included, 6 CEUs



## PARKING ALERT!

#### Select Spaces to be Blocked:

Preparations for painting the old Mount View Facility will begin next week Monday, May16. Cleaners will be onsite power washing the front of the old MVCC building.

Beginning Monday, the reserved transportation spot for Mount View Care Center's bus will need to be used by the Power Washers. This space will be needed both Monday and Tuesday.

Beginning Tuesday, the front row of parking in front of the old Mount View Care Center will need to be vacant so the lift can access the building. These spaces will be blocked off by the vendor beginning Monday at 6pm.

Please communicate these upcoming changes to staff impacted by this work. Especially those that park in the spaces mentioned

Please contact Facilities with any questions.





# **WHAT'S FOR LUNCH?**





MAY 16 - 20, 2022





#### **BREAKFAST HOURS**

9AM-11AM

**LUNCH HOURS MONDAY - FRIDAY** 

11:30AM - 1:30AM

**GRAB-N-GO HOURS MONDAY - FRIDAY** 

9 AM - 5:30 PM

**WEEKENDS:** 

GRAB-N-GO ONLY

|         | MONDAY                                        | TUESDAY                                                   | WEDNESDAY                                                      | THURSDAY                                            | FRIDAY                                      |
|---------|-----------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------|---------------------------------------------|
| MAIN    | Spaghetti<br>Meatballs w/Sauce<br>Green Beans | Pepper Steak<br>Gravy<br>Veggie Blend<br>Parslied Noodles | Herb Lemon Chicken<br>Peas & Carrots<br>Mash POtatoes w/ Gravy | Roast Pork<br>Brussel Sprouts<br>Scalloped Potatoes | BBQ Beef<br>Coleslaw<br>Home Fried Potatoes |
| SOUP    | Creamy<br>Cabbage Soup                        | Vegetable Beef<br>Soup                                    | Fruit Pizza                                                    | Pudding Fruit<br>Salad                              | Blueberry<br>Cheesecake                     |
| DESSERT | Mandarin<br>Oranges                           | Fruit Cocktail                                            | Turkey Dumpling<br>Soup                                        | Chicken Vegetable<br>Soup                           | Chili                                       |





Marathon County **Employees Credit Union** 

**Proudly serving NCHC Employees and their Families** Already a member: Thank you Not a member: Contact us today!

> Apply online at www.mcecu.org 715 261-7685

cuteller@co.marathon.wi.us 400 East Thomas Street Wausau, WI 54403





# THE BISTRU

MONDAY - FRIDAY | 7:30AM - 3PM HOT FOOD AVAILABLE UNTIL 2:30PM

## **PANINI OF THE WEEK**



## **PANINI FORECAST**

5.16 | NACHO BEEF QUESADILLA

NACHO GROUND BEEF | 3 CHEESE | SALSA | SOUR CREAM

**5.23 | BISTRO CLUB PANINI** 

TURKEY | HAM | BACON | SWISS | TOMATOES | MAYO

5.30 | CHICKEN BACON RANCH PANINI

GRILLED CHICKEN | BACON | PROVOLONE | RANCH | SPINACH

## **LATTE OF THE WEEK**



# CHOCOLATE COVERED RASPBERRY LATTE

MOCHA + RASPBERRY TOPPED WITH HOMEMADE WHIP + CHOCOLATE DRIZZLE

### KICK START YOUR WEEK WITH

\$1 OFF ANY LARGE LATTE EVERY MONDAY!

# GIFT CERTIFICATES & PUNCH CARDS AVAILABLE NOW!





SCAN AND LEAVE US SOME FEEDBACK!





## NCHC Covid-19 Weekly Status Report | May 12, 2022



Wear a Mask – Maintain Social Distance – Wash Your Hands – Stay Home If You Are Sick. Managers report in Report Symptoms and Covid-19 Exposures to Your Manager Immediately.

SafetyZone ASAP.

Staff will continue to screen, report symptoms and not report to work if experiencing any signs of illness. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. Questions: Employee Health 715.848.4396

#### **GENERAL PPE GUIDELINES**

The General PPE Guidelines below are in place at all times, regardless of the Alert Level to right.

You must follow BOTH General and Alert Level Guidelines to right for the County you work in.

Employees: Self-screening required using temperature kiosks procedures. If Alert Level requires masks, staff may remove masks while working alone in private offices.

Visitors: Cloth face covering or surgical masks required by all in Nursing Homes and Adult/ Youth Inpatient Hospitals. Visitors to Nursing Homes & Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will require temperature check only.

#### **Employees Working in Direct Patient/**

Resident Care: Each patient/resident care area will be designated as being in Standard or Covid-19 Confirmed/Suspected Precautions. Units/Patients on Covid-19 Confirmed/Suspected Precautions must have it clearly posted on the entrance to the unit or patient room.

o Standard Precautions - Surgical Mask and Gloves required. Eye Protection (face shield, goggles or safety glasses) required during applicable isolation precautions.

- N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

#### CURRENT NCHC ALERT LEVEL RESPONSE BY COUNTY

**MARATHON: HIGH** 

LINCOLN: HIGH

LANGLADE: HIGH

#### **REQUIRED PPE GUIDELINES:**

- All NCHC programs required to wear masks at all times in all areas including hallways, waiting rooms and meetings. This includes staff, patients & visitors.
- Employees: Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices. Shared offices require masks.
- Patient Care Encounters: Eye Protection (face shields or goggles) to be worn with patient care encounters.
- Visitors: Cloth face covering or surgical masks required. Visitors to Nursing Homes and Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will only require temperature check.

#### **GENERAL:**

- Clinical Areas restricted to only necessary personnel.
- Limit movement to and between clinical areas within facilities.
- No Staff flexing to alternate units if possible.

#### **STAFF MEETINGS/BREAKS:**

- No in-person staff meetings unless approved by Incident Command. Use virtual meeting options only.
- Employee potlucks restricted.
- Social distancing required in Employee Cafeteria/break areas (2 per table only). Masks must remain in place when not eating or drinking.

#### PROGRAM-SPECIFIC OPERATIONAL CHANGES

Information below denotes only Covid-19 Confirmed cases. Some units/patient rooms may be on Covid-19 Suspected and use same precautions until negative test results are returned.

- Mount View: In-Person Visiting Hours M-F: 7am 7pm, Weekends/Holiday: 10 am 6 pm
  - o No Positive Residents on Units.
  - o Positive Cases reported with Staff on Floor 3 and Housekeeping in last week. Additional PPE and Testing required by staff.
  - o Visitors allowed in all NH units, must follow ALL precautions in place.
- Pine Crest: In-Person Visiting Hours: M-F: 9am 6 pm, Weekends: 9am 3pm.
  - o No Positive Residents on Units.
  - o Positive employee case reported in Food Services/Dietary in last week. Additional PPE and Testing required by staff.
  - o Visitors allowed in all NH units, must follow ALL precautions in place.
- Residential Services:

o Covid-19 Confirmed Precautions Positive Resident at Andrea Street. Additional PPE and Testing required by staff.

Note: Lakeside Recovery/MMT: Temporarily closed. No Admissions.

Please contact your Manager for specific operational questions for your areas. Managers will use the full Alert Level Policy for all guidance. Program Hours and Operations Online: www.norcen.org/Covid-19